



Weekly Menu for Lakeshore Assisted Living

September 28 - October 4, 2025

(For Future Weeks, Scroll Down)

Sunday 9/28/25	Monday 9/29/25	Tuesday 9/30/25	Wednesday 10/1/25	Thursday 10/2/25	Friday 10/3/25	Saturday 10/4/25
Breakfast						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch						
Baked Turkey M/Potatoes Broccoli Roll Ice Cream	Hamburgers Tater Tots 3 Bean Salad Brownie	Pizza Tossed Salad Fresh Fruit Cup Cookie	Crack Chicken Noodles Brussels sprouts Roll Pudding	Lasagna Green Beans Garlic Toast Almond Cake	Chicken Enchilada Casserole Spanish Rice Seasoned Black Beans Ice Cream	Beans & Franks Tossed Salad Melon Cookie
Dinner						
Tomato Soup Grilled Cheese Sand Tossed Salad Banana	Ribbette Sweet Potatoes Peas Wheat Bread Cinnamon Apple-sauce	Salami & Cheese Sandwich Mixed Vegetables Chips Tomato Slices Pears	Turkey Salad Sandwich Tossed Salad Chips Fruit Cocktail	Baked Fish Baked Potato California Blend Wheat Bread Mandarin Oranges	Ham & Cheese Sandwich Coleslaw Tomato Slices Fresh Fruit Cup	Minestrone Soup Tuna Sandwich Saltines Asst. Fruits
Snacks:						
Graham Crackers	Cheese Sticks	Granola Bars	Yogurt	Fresh Fruit	Gr. Crackers w/p.b.	Asst. Snacks

Please Note: All Menus Subject To Change



Weekly Menu for Lakeshore Assisted Living

October 5 - 11, 2025

(For Future Weeks, Scroll Down)

Sunday 10/5/25	Monday 10/6/25	Tuesday 10/7/25	Wednesday 10/8/25	Thursday 10/9/25	Friday 10/10/25	Saturday 10/11/25
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Roast M/Potatoes Garlic Green Beans Roll Vanilla Pudding	Sauerkraut & Sausage Boiled Potatoes Mixed Vegetables Roll Magic Bars	Pork Chop Suey Rice Corn Roll Fortune Cookies	Baked Ham Sweet Potatoes California Blend Roll Apple Cake	Meatloaf Baked Potatoes Roasted Brussels Sprouts Roll Ice Cream	Chicken Tenders French Fries Peas Roll Orange Jello w/ Mandarin Oranges	Beef Franks Chips Baked Beans Asst. Desserts

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Noodle Soup Turkey Sandwich Saltines Peaches	Baked Fish Tater Tots Dilled Carrots Wheat Rolls Emerald Pears	Quiche Tossed Salad Cottage Cheese Pineapple	Turkey & Cheese Tossed Salad Chips Fresh Orange Slices	Italian Veg & Bean Soup 1/2 Rst Beef Sandwich Saltines Banana	Swedish Meatballs Buttered Noodles Broccoli Wheat Bread Peeled Apple Slices	Macaroni Pizza Tossed Salad Asst. Fruits

Snacks:

Please Note: All Menus Subject To Change

Graham Crackers	Cheese Sticks	Granola Bars	Yogurt	Fresh Fruit	Gr. Crackers w/p.b.	Asst. Snacks
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Weekly Menu for Lakeshore Assisted Living

September 21 - 27, 2025

(For Future Weeks, Scroll Down)

Sunday 9/21/25	Monday 9/22/25	Tuesday 9/23/25	Wednesday 9/24/25	Thursday 9/25/25	Friday 9/26/25	Saturday 9/27/25
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Ham Sweet Potatoes Green Beans Roll Ice Cream	Tater Tot Casserole Mixed Vegetables Roll Chocolate Cake	Tuna Melt Sandwich Macaroni Salad Cucumber Slices Strawberry Jello Whip	Country Chicken M/Potatoes California Blend Roll Ice Cream	Spaghetti & Meatballs Tossed Salad Garlic Toast Lemon Bar	Beef Roast M/Potatoes Carrots Roll Ice Cream	Chicken aLa King w/Peas Rice Tomato Slices Roll Asst. Desserts

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Farmers Breakfast Toast Fruit Cup	Turkey Sandwich Chips Tomato Slices Pickle Fresh Fruit Cup	Tomato Basil Soup Grilled Cheese Sand Saltines Peeled Apple Slices	Ham Salad Sandwich French Fries Tossed Salad Melon	Egg Salad Sandwich Cottage Cheese w/ peaches Broccoli Rice Krispie Treat	Baked Fish Hashbrown Casserole Cucumber Tomato Marinade Wheat Bread	Rueben Sandwich Tossed Salad Pickle Asst. Fruit

Snacks:						
Graham Crackers	Cheese Sticks	Granola Bars	Yogurt	Fresh Fruit	Gr. Crackers w/p.b.	Asst. Snacks

Please Note: All Menus Subject To Change



Weekly Menu for Lakeshore Assisted Living

October 12 - 18, 2025

(For Future Weeks, Scroll Down)

Sunday 10/12/25	Monday 10/13/25	Tuesday 10/14/25	Wednesday 10/15/25	Thursday 10/16/25	Friday 10/17/25	Saturday 10/18/25
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Ham Sweet Potatoes Broccoli Roll Ice Cream	Salisbury Steak M/Potatoes Green Beans Roll Rice Krispie Treat	Taco Salad Tortilla Chips Refried Beans Ice Cream	Scalloped Potatoes w/Ham Mixed Vegetables Roll Pudding	Goulash Tossed Salad Cheese Sticks Chocolate Chip Cookie	Country Chicken M/Potatoes California Blend Roll Lime Jello w/Pears	Pimento & Cream Cheese Sandwich Potato Chips Cucumber Slices Yogurt Asst. Desserts

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Waffles Sausage Links Fruit Salad	Tuna Noodle Casserole Tossed Salad Wheat Bread Peeled Apple Slices	Egg Salad Sandwich Carrot Raisin Salad Chips Pineapple	Baked Fish Coleslaw Rice Pilaf Wheat Bread Fruit Cocktail	Sub Sandwich w/ Lettuce & Tomato Pea Salad Pickle Banana	Philly Cheese Sandwich French Fries Coleslaw Peaches	Pizza Tossed Salad Cottage Cheese Asst. Fruit

Please Note: All Menus Subject To Change

Snacks:	Graham Crackers	Cheese Sticks	Granola Bars	Yogurt	Fresh Fruit	Gr. Crackers w/p.b.	Asst. Snacks
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Weekly Menu for Lakeshore Assisted Living

October 19 - 25, 2025

(For Future Weeks, Scroll Down)

Sunday 10/19/25	Monday 10/20/25	Tuesday 10/21/25	Wednesday 10/22/25	Thursday 10/23/25	Friday 10/24/25	Saturday 10/25/25
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Roast M/Potatoes Broccoli Roll Ice Cream	Augraten Potatoes w/ Smoked Sausage California Blend Tomato Slices Roll Rice Krispie Treats	Lemon Pepper Chicken Tater Tots Peas Roll Peanut Butter Bars	Sauerkraut & Chops Boiled Potatoes Mixed Vegetables Roll Cookie	Potato Soup Turkey Sandwich Saltines (Opt.) Cinnamon Apple Slices	Ham Salad Sandwich Corn Tater Tots Ice Cream	Macaroni & Cheese Stewed Tomatoes Green Beans Roll Asst. Desserts

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Grilled Cheese Sand Tomato Soup Tossed Salad Pears	Tilapia French Fries Carrots Roll Pineapple	Beef Pot Pie Tossed Salad Wheat Bread Peeled Orange Slices	Hamburger Chips Pickle Tossed Salad Fruit Cocktail	Ribbets Baked Potato Cucumber Tomato Marinade Wheat Bread Banana	Quiche Tossed Salad Wheat Bread Peaches	Sub Sandwich Chips Pickle Asst. Fruits

Snacks:

Please Note: All Menus Subject To Change

Graham Crackers	Cheese Sticks	Granola Bars	Yogurt	Fresh Fruit	Gr. Crackers w/p.b.	Asst. Snacks
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Weekly Menu for Lakeshore Assisted Living

October 26 - November 1, 2025

(For Future Weeks, Scroll Down)

Sunday 10/26/25	Monday 10/27/25	Tuesday 10/28/25	Wednesday 10/29/25	Thursday 10/30/25	Friday 10/31/25	Saturday 11/1/25
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Turkey M/Potatoes California Blend Roll Ice Cream Pie	Chicken Tenders French Fries Mixed Vegetables Roll Pudding	Grape Meatballs M/Potatoes Saute'd Zuchini & yellow squash Roll Ice Cream	Pork Chop Suey Rice Corn Roll Brownie	Cheesey Broccoli Soup Tossed Salad Homemade Bread Caramel Apple Cookies	Mummy Dogs Dirty Beans Massacred Lettuce Witches Brew Dirt Cake (wrappd beef franks Baked Beans, Tossed Salad, Apple Cider)	Shephards Pie Cucumber Slices Roll Asst. Desserts

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Egg Salad Sandwich Chicken Noodle Soup Tossed Salad Emerald Pears	Salami & Cheese Sandwich Tossed Salad Chips Peaches	Cheesey Turkey Casserole Wheat Bread Fruit Cocktail	Ribbllet Rice California Blend Wheat Bread Cinnamon Apple- sauce	Baked fish Tater Tot Casserole Green Beans Garlic Toast Pineapple	Ham & Cheese Sandwich Potato Chips Tomato Cucumber Fresh Peeled Apple Slices	Grilled Cheese Sand Tomato Soup Tossed Salad Asst. Fruits

Snacks:

Graham Crackers	Cheese Sticks	Granola Bars	Yogurt	Fresh Fruit	Gr. Crackers w/p.b.	Asst. Snacks
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