



Weekly Menu for Lakeshore Assisted Living

September 29 - October 5, 2024

(For Future Weeks, Scroll Down)

| Sunday 9/29/24 | Monday 9/30/24 | Tuesday 10/1/24 | Wednesday 10/2/24 | Thursday 10/3/24 | Friday 10/4/24 | Saturday 10/5/02 |
|--|--|--|---|---|--|--|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Garlic Parmesan Chicken Penne Pasta Broccoli Roll Pumpkin Bar | Maple Mustard Chops Baked Potato Carrots Roll Ice Cream | Chicken Tenders Rice Pilaf Green Beans Roll Cherry Crisp | Salisbury Steak M/Potatoes California Bled Roll Poke Cake | Italian Chicken Sweet Potatos Corn Roll Cookie | Baked Fish Oven Roasted Potatoes California Blend Garlic Bread Cream Cheese Bars | Tater Tot Casserole Tossed Salad Roll Ice Cream |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Vegetable Soup Saltines Tuna Salad Sandwich Cucumber Slices Cinnamon Apple-sauce | Swedish Meatballs Fettuccini Peas Wheat Bread Banana | Mac & Cheese Stewed Tomatoes Mixed Vegetables Pineapple | Butternut Squash Soup Saltines Ham & Cheese Sandwich Fresh Fruit Salad | Beef Stroganoff Egg Noodles Tossed Salad Wheat Bread Apple Slices | Quiche Hash Browns Green Beans Wheat Bread Fruit Cocktail | Ham & Bean Soup Saltines Turkey Sandwich Asst. Fruits |

Please Note: All Menus Subject To Change

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| | | | | | | Wk 2 |
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Weekly Menu for Lakeshore Assisted Living

October 6 - 12, 2024

(For Future Weeks, Scroll Down)

| Sunday 10/6/24 | Monday 10/7/24 | Tuesday 10/8/24 | Wednesday 10/9/24 | Thursday 10/10/24 | Friday 10/11/24 | Saturday 10/12/24 |
|--|--|--|---|---|--|--|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Baked Ham M/Potatoes Green Beans Roll Poppyseed Cake | Smoked Sausage w/Onions & Peppers Baked Potato Wedges Roll Vanilla Pudding | Beef Roast Garlic M/Potatoes Mixed Vegetables Roll Cake | Baked Chicken Parmesan Noodles California Blend Roll Crinkle Cookie | Beans & Franks Chips Peas Ice Cream | Chicken & Stuffing Casserole Dilled Carrots Roll Brownie | Cranberry Glazed Chops Baked Potato Coleslaw Roll Asst. Desserts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Tomato Soup Saltines Grilled Cheese Tossed Salad Grapes | Baked Fish Rice Broccoli Roll Cinnamon Apple- sauce | Corn Chowder Saltines Turkey Sandwich Tossed Salad Orange Slices | Enchilada Casserole Spanish Rice Corn Banana | Scalloped Potatoes & Ham Brussels Sprouts Roll Apple Slices | Baked Spaghetti Tossed Salad Garlic Bread Pineapple | Soup of the Day Saltines of the Day Roast Beef & Cheese Sandwich Asst. Fruit |

Please Note: All Menus Subject To Change

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Weekly Menu for Lakeshore Assisted Living

October 13 - 19, 2024

(For Future Weeks, Scroll Down)

| Sunday 10/13/24 | Monday 10/14/24 | Tuesday 10/15/24 | Wednesday 10/16/24 | Thursday 10/17/24 | Friday 10/18/24 | Saturday 10/19/24 |
|---|--|---|--|--|--|--|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Turkey M/Potatoes Peas Roll Chocolate Cake | Crack Chicken Noodles Broccoli Roll Rice Krispie Treat | Pizza Tossed Salad Fresh Fruit Cup Cookie | Pork Roast M/Potatoes California Blend Roll Pudding | Chicken Enchilada Casserole Spanish Rice Seasoned Black Beans Ice Cream | Lasagna Green Beans Tossed Salad Garlic Bread Cake | Hamburgers Tater Tots 3 Bean Salad Asst. Desserts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Baked Fish French Fries Tossed Salad Wheat Bread Mandarin Oranges | Riblete Sweet Potato Cornbread Cinnamon Apple- sauce | Salami & Cheese Sandwich Green Beans Chips Tomato Slices Pears | Turkey Pot Pie Cottage Cheese Pineapple | Italian Veg & Bean Soup Saltines Rst Beef Sandwich Banana | Pork Chop Suey Rice Corn Roll Fruit Cocktail | Minestrone Soup Saltines Tuna Sandwich Asst. Fruits |

Please Note: All Menus Subject To Change

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| | | | | | | Wk 4 |
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Weekly Menu for Lakeshore Assisted Living

October 20 - 26, 2024

(For Future Weeks, Scroll Down)

| Sunday 10/20/24 | Monday 10/21/24 | Tuesday 10/22/24 | Wednesday 10/23/24 | Thursday 10/24/24 | Friday 10/25/24 | Saturday 10/26/24 |
|--|--|--|---|---|--|--|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice | Choice of Cereal Choice of Egg Toast Meat Residents Choice |
| BBQ Pork Chops Parmesan Noodles Corn Roll Vanilla Puding | Meatloaf Baked Potatoes Baked Beans Roll Ice Cream | Baked Ham Sweet Potatoes California Blend Roll Magic Bar | Sauerkraut & Sausage Boiled Potatoes Mixed Vegetables Roll Apple Cake | Cheesey Black Bean & Rice Casserole Tortilla Chips Fruit Salad Cookie | Hot Dogs Chips Coleslaw Orange Jello w/ Mandarin Oranges | Chicken Cordon Bleu French Fries Peas Roll Asst. Desserts |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Chicken Noodle Soup Saltines Turkey Sandwich Green Beans Peaches | Fish Rice Carrots Wheat Bread Emerald Pears | Quiche Tossed Salad Cottage cheese Pineapple | Turkey & Cheese Sandwich Macaroni Salad Cucumber Slices Banana | Swedish Meatballs M/Potatoes Broccoli Roll Orange Slices | BBQ Chicken Pizza Tossed Salad Breadstick Apple Slices | Ham & Bean Soup Saltines Biscuit Asst. Fruits |
| Please Note: All Menus Subject To Change | | | | | | |
| | | | October Fest | | | Wk 5 |