



# Weekly Menu for Lakeshore Assisted Living

February 4 - 10, 2024

(For Future Weeks, Scroll Down)

Sunday 2/4/24	Monday 2/5/24	Tuesday 2/6/24	Wednesday 2/7/24	Thursday 2/8/24	Friday 2/9/24	Saturday 2/10/24
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Ham M/Potatoes Broccoli Roll Lemon Pie	Hamburger Gravy Egg Noodles Peas Roll Cookie	Ham & Potato Au Gratin Green Beans Biscuit Cake	Hamburger Potato Chips Pickle Baked Beans Ice Cream	Citrus Glazed Chicken Stuffing California Blend Roll Blonde Brownie	Salisbury Steak Roasted Potatoes Carrots Wheat Bread Ice Cream	Turkey Sweet Potatoes Green Beans Roll Rice Krispie Treat
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Lemon Baked fish Rice Carrots Roll Cinnamon Applesauce	Cheese & Black Bean Casserole Corn Saute'd Green Peppers & Onions Pears	Tomato Soup Grilled Turkey & Cheese Sandwich Mixed Vegetables Fruit Cup	Tuna Noodle Casserole Tossed Salad Roll Banana	Vegetable Soup Saltines Salami & Cheese Sandwich French Fries Grapes	Baked Ziti Corn Garlic Bread Apple Slices	Sub Sandwich (Ham, Turkey, Cheese, Lettuce, Tomato) Maacaroi Salad Fresh Fruit

Please Note: All Menus Subject To Change

Lunar New Year

wk3



## Weekly Menu for Lakeshore Assisted Living

February 11 - 17, 2024

(For Future Weeks, Scroll Down)

Sunday 2/11/24	Monday 2/12/24	Tuesday 2/13/24	Wednesday 2/14/24	Thursday 2/15/24	Friday 2/16/24	Saturday 2/17/24
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Beef Roast M/Potatoes Carrots Roll Blueberry Fluff	Chicken Cordon Bleu Parmesan Noodles Broccoli Roll Ice Cream	Gumbo-aya Tossed Salad Hush Puppies Roll  King Cake	<b>Breaded Pork Chop</b> Garlic M/Potatoes California Blend Roll Strawberry Cheese Cake	Beef Stroganoff over Noodles Brussels Sprouts Orange Slices Roll Ice Cream	Fish Tater Tots Coleslaw Garlic Bread Lemon Whip	Unstuffed Peppers Corn Cottage Cheese Roll Ice Cream
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Hors d'oeuvres Meatballs BBQ Sausage Links Cheese Tray Pickles & Olives  Snack Chex Mix	Ham & Cheese Sand Carrot Raisin Salad Chips Pickle Trudy's Grape Salad	Chicken Red Beans and Rice Green Beans with Onions and Bacon Corn Bread Pineapple	Fish Sandwich w/ Lettuce & Tomato Rice Mixed Vegetables Mandarin Oranges  Ash Wednesday	Turkey & Cheese Sliders Tossed Salad Baked Beans Fruit Cocktail	Egg Salad Sandwich Vegetable Soup Saltines Tossed Salad Grapes	Grilled Cheese Sand Tomato Soup Saltines Tossed Salad Asst. Fruits
Please Note: All Menus Subject To Change						
Super Bowl	Lincoln's Birthday	Mardi Gras	Valentine's Day		Lent Begins	wk4



## Weekly Menu for Lakeshore Assisted Living

February 18 - 24, 2024

(For Future Weeks, Scroll Down)

Sunday 2/18/24	Monday 2/19/24	Tuesday 2/20/24	Wednesday 2/21/24	Thursday 2/22/24	Friday 2/23/24	Saturday 2/24/24
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Turkey Dressing Green Beans Roll Strawberry Ice Cream Pie	Beef Stew Tossed Salad Biscuit Tomato Slices Cherry Pie	Chicken Enchilada Casserole 3 Bean Salad Roll Cookie	Honey Mustard Pork Chops Buttered Noodles Carrots Roll Cake	Sweet and Sour Meatballs Rice Corn Roll Ice Cream	Cheese Broccoli Soup 1/2 Ham Sandwich Saltines Fruit Salad Brownie	Beef Frank on a bun Baked Beans Pea Salad Cookie
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
French Toast Sausage Scrambled Eggs Fresh Fruit Cup	Pork BBQ Macaroni Salad Cheese Puffs Pineapple	Turkey Salad Sand Tossed Salad Chips Pickle Orange Slices	Farmers Breakfast (Eggs, meat, Cheese, hash browns) Toast Tossed Salad Banana	Chicken Tenders Mixed Vegetables Tater Tots Wheat Bread Cinnamon Applesauce	Salmon Patties French Fries California Blend Garlic Bread Grapes	Tomato Basil Soup Tuna Salad Sand Saltines Corn Apple Slices
Washington's B-Day			Please Note: All Menus Subject To Change			
	President's Day					wk5



## Weekly Menu for Lakeshore Assisted Living

February 25 - March 2, 2024

(For Future Weeks, Scroll Down)

Sunday 2/25/24	Monday 2/26/24	Tuesday 2/27/24	Wednesday 2/28/24	Thursday 2/29/24	Friday 3/1/24	Saturday 3/2/24
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pork Roast Fettuccine Broccoli Roll Pie	Crack Chicken Augratin Potatoes Green Beans Roll Ice Cream	Meatloaf M/Potatoes Peas Roll Cake	Sweet & Sour Chops Rice Corn Roll Vanilla Pudding	Smoked Sausage w/ Peppers & Onions French Fries Carrots Roll Whipped Lime Jello	Cheese Pizza Tossed Salad Cottage Cheese w/ Peaches Ice Cream	Betty's Casserole Tossed Salad Roll Rice Krispie Treat
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Cheese Sandwich Chicken Noodle Soup Saltines Mixed Vegetables Banana	BLT Vegetable Chowder Saltines Cheese Sticks Applesauce	Mini Corn Dogs Pasta Salad Onion Rings Tomato Slices Fruit Cocktail	Goulash Peas Wheat Bread Emerald Pears	Grilled Ham & Cheese Butternut Squash Soup Saltines Grapes	Bourbon Fish Coleslaw Baked Potato Garlic Bread Mandarin Oranges	Macaroni & Cheese Stewed Tomatoes Broccoli Wheat Bread Pineapple

Please Note: All Menus Subject To Change

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