

Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/22/23	10/23/23	10/24/23	10/25/23	10/26/23	10/27/23	10/28/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey Roasted Potatoes Carrots Roll Yellow Cake	Swedish Meatballs Rice Pilaf California Blend Roll Magic Bars	Meatloaf Baked Potatoes Baked Beans Roll Cherry Jello	Breaded Pork Chops Parmesan Noodles Stewed Tomatoes Roll Ice Cream	Augratin Potatoes w/Smoked Sausage Green Beans Roll Peanut Butter Bars	Dijon Chicken Smashed Red Potato Peas Roll Tapioca Pudding	Italian Pork Chops Rice Mixed Vegetables Roll Asst. Desserts
<u> </u> Dinner	<u> </u> Dinner	Dinner	Dinner	<u> </u> Dinner	Dinner	Dinner
Cheese Pizza Tossed Salad Bread Stick Pears	Tuna Noodle Casserole w/Peas Tossed Salad Wheat Bread Orange Slices	Hearty Cabbage Soup Saltines 1/2 Roast Beef Sand Egg Slices Emerald Pears	Fish Baked Potatoes Coleslaw Wheat Bread Grapes	Turkey Salad Sand Macaroni Salad Carrots Fruit Cup	Cream of Chicken Soup 1/2 Cheese Sandwich Saltines Tomato Slices Graham Crackers	Goulash Peas Wheat Bread Apple Slices
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