



Weekly Menu for Lakeshore Assisted Living

July 30 - August 5, 2023

(For Future Weeks, Scroll Down)

Sunday 7/30/23	Monday 7/31/23	Tuesday 8/1/23	Wednesday 8/2/23	Thursday 8/3/23	Friday 8/4/23	Saturday 8/5/23
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Breakfast						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch						
Ham M/Potatoes Broccoli Roll Apple Pie	Calzones Coleslaw Fresh Fruit Salad Tomato Slices Cookie	Fiesta Lime Chicken Rice Stewed Tomatoes Roll Ice cream	Scalloped Potatoes W/ Ham Green Beans Roll Chocolate Pudding	Grilled Chops Baked Potatoes California Blend Roll Ice Cream	Swedish Meatballs Egg Noodles Carrots Roll Cheesecake	Chicken Pot Pie Tomato Cucumber Marinade Wheat Bread Asst. Desserts

Dinner						
Pancakes Sausage Fresh Fruit Cup	Baked Fish Oven Fried Potatoes Corn Garlic Bread Pineapple	Meatball Sub Chips Tossed Salad Melon	Beef Franks French Fries Coleslaw Blueberries	Roast Beef Sandwich Vegetable Soup Saltines Grapes	Turkey Sub Sandwich Broccoli Salad Chips Peaches	Grilled Cheese Sand Tomato Soup Saltines Tossed Salad Banana

Please Note: All Menus Subject To Change

wk1



Weekly Menu for Lakeshore Assisted Living

August 6 - 12, 2023

(For Future Weeks, Scroll Down)

Sunday 8/6/23	Monday 8/7/23	Tuesday 8/8/23	Wednesday 8/9/23	Thursday 8/10/23	Friday 8/11/23	Saturday 8/12/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Roast Augratin Potatoes Peas Roll Blueberry Pie	Chicken Tenders Onion Rings Tossed Salad Roll Ice Cream	Turkey Dressing Californina Blend Roll Brownie	Baked Ham Dressing Broccoli Roll Pistachio Dessert	Grilled Chicken Potato Salad Green Beans Roll Ice Cream	White Cheddar Mac & Cheese Stewed Tomatoes Dilled Carrots Roll Cookie	Ham Salad Sandwich Cucumber Tomato Marinade Chips Asst. Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Waffles Sausage Fresh Fruit Rice Krispie Treat	Tater Tot Casserole Mixed Vegetables Wheat bread Fruit Cocktail	Cheese Sandwich Potato Soup Tossed Salad Grapes	Vegetable Lasagna Tossed Salad Cheese Sticks Biscuit Banana	Turkey Ala King w/Peas Egg Noodles Wheat Bread Pineapple	Cream Chipped Beef On Toast Corn Roll Fresh Fruit Cup	Beans & Franks Tossed Salad Egg Slices Wheat Bread Asst. Fruits

Please Note: All Menus Subject To Change

wk2



Weekly Menu for Lakeshore Assisted Living

August 13 - 19, 2023

(For Future Weeks, Scroll Down)

Sunday 8/13/23	Monday 8/14/23	Tuesday 8/15/23	Wednesday 8/16/23	Thursday 8/17/23	Friday 8/18/23	Saturday 8/19/23
Breakfast						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch						
Breaded Pork Chops M/Potatoes Broccoli Roll Cherry Pie	Salisbury Steak Rice Mixed Vegetables Roll Pudding	Lasagna Rolls Green Beans Garlic Bread Ice Cream	Chicken Tenders Pasta Salad Tomato Slices Garlic Bread Crockpot No Bake Cookie	Beef Roast M/Potatoes Roasted Brussels Sprouts Roll Jello	Grilled Burgers Macaroni Salad Baked Beans Melon	Beef BBQ Chips Potato Salad Asst. Desserts
Dinner						
Egg Salad Sandwich 3 Bean Salad Tater Tots Cinnamon Applesuace	Turkey Sandwich Saltines Vegetable Soup Fruit Cup	Salami & Cheese Sandwich Orzo Salad Deviled Eggs Fruit	Tuna Melts Carrot Raisin Salad Chips Banana	Pizza Tossed Salad Cottage Cheese Pears	Stuffed Peppers Corn Cottage Cheese Wheat Bread Ice Cream	Quiche Tossed Salad Wheat Bread Asst. Fruits
Please Note: All Menus Subject To Change						Sr/Si Picnic
						wk3
					Greg B-Day (SR)	Lynn B-Day (SV)



Weekly Menu for Lakeshore Assisted Living

August 20 - 26, 2023

(For Future Weeks, Scroll Down)

Sunday 8/20/23	Monday 8/21/23	Tuesday 8/22/23	Wednesday 8/23/23	Thursday 8/24/23	Friday 8/25/23	Saturday 8/26/23
Breakfast						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch						
Crack Chicken Egg Noodles Broccoli Roll Lemon Pie	Grilled Chops M/Potatoes Corn Roll Ice Cream	Italian Baked Chicken Parmesan Noodles Green Beans Roll Raspberry Whip	Shephards Pie Roll Cupcake	Grilled Burgers Baked Beans Baked Potatoes Biscuits S'Mores	Wing Dings Carrot Raisin Salad Cucumber Slices Peanut Butter Brownie	Baked Spaghetti Tossed Salad Garlic Bread Lemon Cake
Dinner						
Fish French Fries Coleslaw Garlic Bread Fruit Cup	Cheese Quesadillas Refried Beans Tossed Salad Melon	Rueben Soup Tossed Salad Rye Bread Diced Pears	Vegetable Soup Saltines Ham Sandwich Apple Slices	Quiche Tossed Salad Wheat Bread Fruit Cup	Minestrone Soup Chicken Sandwich Saltines Grapes	Turkey Sandwich Chips Cottage Cheese w/ Peaches Rice Krispie Treat

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Camping Day

wk4



Weekly Menu for Lakeshore Assisted Living

August 27 - September 2, 2023

(For Future Weeks, Scroll Down)

Sunday 8/27/23	Monday 8/28/23	Tuesday 8/23/23	Wednesday 8/30/23	Thursday 8/31/23	Friday 9/1/23	Saturday 9/2/23
Breakfast						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch						
Pork Chop Supreme M/Potatoes Green Beans Roll Apple Crisp	Baked Fish Rice Pilaf California Blend Roll Lemon Whip	Chicken Alfredo Broccoli Garlic Roll Magic Bar	Beef Roast Baked Potatoes Peas w/onions Roll Ice Cream	Taco Salad Seasoned Black Beans Street Corn Apple Slices	Chicken Tenders Tater Tots 7 Layer Salad Roll Brownie	Spinach Lasagna Tossed Salad Garlic Bread Ice Cream
Dinner						
Macaroni & Cheese Stewed tomatoes Roll Banana	Philly Beef Swiss Sandwich French Fries Tossed Salad Melon	Chops in Kraut M/Potatoes Carrots Roll Cinnamon Apple- sauce	Ham & Cheese Sandwich Chips Deviled Eggs Tomato Basil Salad Pineapple	Baked Potato Soup Saltines 1/2 Chicken Sandwich Fresh Fruit Cup	Tuna Noodle Casserole w/Peas Tomato Slices Wheat Bread Pears	Salami & Cheese Sandwich 3 Bean Salad Chips Asst. Fruit

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