



# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

July 2 - 8, 2023

Sunday 7/2/23	Monday 7/3/23	Tuesday 7/4/23	Wednesday 7/5/23	Thursday 7/6/23	Friday 7/7/23	Saturday 7/8/23
<b>Breakfast</b>						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
<b>Lunch</b>						
Beef Roast M/Potatoes Corn Roll Ice Cream	Chicken Cordon Bleu Tater Tots Mixed Vegetable Roll Raspberry Jello	Grilled Burgers Potato Salad Tomato Slices Pickle Watermelon	Beef Stew Tossed Salad Roll Magic Bar	Vegetable Lasagna Tossed Salad Cheese Sticks Roll Butterscotch Pudding	Baked Turkey Baked Potato Roasted Sprouts Roll Ice Cream	Hamburger Gravy M/Potatoes Green Beans Roll Asst. Desserts

<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>	
Egg Salad Sandwich Chips Pickle Tomato Slices Fresh Fruit Cup	Macaroni & Cheese Tossed Salad Wheat Bread Emerald Pears	Beans & Franks Coleslaw Roll Brownie	Chicken Tenders French Fries 3 Bean Salad Mandarin Oranges	Fish Hashbrown Casserole Carrots Garlic Bread Peaches	Ham & Cheese Sandwich Chips Fresh Fruit Graham Cracker w/ Frosting	Waffles Sausage Fruit Salad	

Independence Day

Please Note: All Menus Subject To Change

wk2



# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

July 9-15, 2023

<b>Sunday</b> 7/9/23	<b>Monday</b> 7/10/23	<b>Tuesday</b> 7/11/23	<b>Wednesday</b> 7/12/23	<b>Thursday</b> 7/13/23	<b>Friday</b> 7/14/23	<b>Saturday</b> 7/15/23
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<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereal Choice of Eggs Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pork Roast M/Potatoes Peas Roll Ice Cream	Mini Dorn Dogs Carrot Raisin Salad Tater Tots Vanilla Pudding	Grilled Chops Oven Fried Potatoes Green Beans Roll Ice Cream	Sloppy Joes (BBQ) Chips Tossed Salad Lime Jello w/Pears	Grilled Chicken Spinach Salad Grapes Wheat Bread Ice Cream	Foil dinner Roll Tomato Slices Sugar Cookie	BLT Coleslaw Chips Pickle Asst Desserts

<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Grilled Cheese Tomato Soup Saltines Fresh Fruit	Quiche Tossed Salad Wheat Bread Cinnamon Applesauce	Sub Sandwich (Ham, Lettuce, onion, tomato, Cheese) Potato Salad Mandarin Oranges	Fish Sticks French Fries Fiesta Corn Salad Garlic Bread Fruit Cocktail	Ground Bologna Sandwich Macaroni Salad Pickle Fresh Fruit	Ribbllets Rice Pilaf California Blend Roll Peaches	Fish Sandwich French Fries 7 Layer Salad Asst Fruits

Please Note: All Menus Subject To Change

Manna B-Day (SR)	wk3
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# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

July 16 - 22, 2023

<b>Sunday</b> 7/16/23	<b>Monday</b> 7/17/23	<b>Tuesday</b> 7/18/23	<b>Wednesday</b> 7/19/23	<b>Thursday</b> 7/20/23	<b>Friday</b> 7/21/23	<b>Saturday</b> 7/22/23
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<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken a la King M/Potatoes Peas Roll Ice Cream	Ham Loaf Rice Asparagus Roll Chocolate Pudding	Grilled Sausage w/ Peppers & Onions French Fries Broccoli Roll Ice Cream	Sweet & Sour Meatballs Noodles Carrots Roll Cherry Jello Whip	Crack Chicken M/Potatoes Mixed Vegetables Roll Fresh Fruit Cup	Burgers Macaroni Salad Baked Beans Ice Cream	Beef Franks on a Bun Potato Salad Pickle Watermelon

<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Vegetable Soup Cheese Sandwich Saltines Fresh Fruit Cup	Turkey & Cheese Sandwich Chips Tossed Salad Pineapple Dream	Roast Beef & Cheese Sandwich Coleslaw Onion Rings Blushing Pears	Farmers Breakfast Toast Cinnamon Apple Slices	Baked Fish Tater Tots Green Beans Garlic Bread Orange Slices	Ham & Bean Soup Saltines/B&B Tossed Salad Fruit Cocktail	Goulash Tossed Salad Cheese Slices Wheat Bread Asst. Desserts

Please Note: All Menus Subject To Change

					Picnic	wk4
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# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

July 23 - 29, 2023

Sunday 7/23/23	Monday 7/24/23	Tuesday 7/25/23	Wednesday 7/26/23	Thursday 7/27/23	Friday 7/28/23	Saturday 7/29/23
<b>Breakfast</b>						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch		Lunch		Lunch		Lunch		Lunch		Lunch	
Turkey M/Potatoes Corn Roll Ice Cream	Salisbury Steak M/Potatoes California Blend Roll Brownie	BBQ Chicken Parmesean Noodles Coleslaw Roll Ice Cream	Turkey Salad Sand Coleslaw Chips Cake	Chicken Enchilada Casserole Tossed Salad Wheat Bread Ice Cream	Zesty Tuna Salad Plate Asst. Crackers Cheese Sticks Egg Slices	Meatloaf Baked Potatoes Baked Potatoes Roll Asst. Desserts					

Dinner		Dinner		Dinner		Dinner		Dinner		Dinner	
Tuna Noodle Casserole Wheat Bread Tomato Slices Peaches	Ham & Cheese Sandwich Tomato Cucumber Marinade Tortilla Chips Banana	Chop Suey Rice Roll Pineapple	Pizza Casserole Tossed Salad Melon	Beef Pot Pie Fruit Salad Roll Cookie	Baked Spaghetti in Meat Sauce Peas Garlic Bread Grapes	Ravioli Tossed Salad Wheat Bread Asst. Fruits					

Please Note: All Menus Subject To Change

w/k5