

Weekly Menu for Lakeshore Assisted Living

March 5 – 11, 2023

Sunday 3/5/23	Monday 3/6/23	Tuesday 3/7/23	Wednesday 3/8/23	Thursday 3/9/23	Friday 3/10/23	Saturday 3/11/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Chicken Stuffing Dilled Carrots Roll Ice Cream	Salisbury Steak M/Potatoes Green Beans Roll Strawberry Cake	Apple Pork Chops Rice Pilaf Mixed Vegetables Roll Vanilla Pudding	Beef Stroganoff w/Noodles Corn Roll Lime Whip	Pizza Tossed Salad Bread Sticks Ice Cream	Chicken Alfredo Broccoli Garlic Bread Orange Slices Peanut Butter Cookie	Mini Corn Dogs Pea Salad French Fries Asst. Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Quiche w/bacon Tossed Salad Toast Cinnamon Applesauce	Blt Soup w/ croutons Cheese Sticks Deviled Eggs Pineapple	Chicken Tenders Tater Tots 3 Bean Salad Wheat Bread Fruit Cocktail	Zesty Tuna Salad Chips Asst. Crackers Tomato Slices Peaches	Riblets Macaroni Salad Cucumber Tomato Marinade Roll Mandarin Oranges	Smorgasborg (Meats) Baked Beans Mashed Potatoes Wheat Bread Grapes (cut in ½)	Waffles Bacon Blushing Pears Cookie
				Irene B-Day (SV)		Wk 5

Please Note: All Menus subject to Change

Weekly Menu for Lakeshore Assisted Living

March 12 – 18, 2023

Sunday 3/12/23	Monday 3/13/23	Tuesday 3/14/23	Wednesday 3/15/23	Thursday 3/16/23	Friday 3/17/23	Saturday 3/18/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Roast M/Potatoes Green Beans Roll Banana Pudding	Chicken Cordon Bleu Peas Cheesy Roasted Tomatoes Roll Ice Cream	Pork Adobo Rice Corn w/pimento Roll Brownie	Spaghetti Bake Tossed Salad Garlic Bread Lemon Cake	Chicken & Dumplings w/Peas Fresh Fruit Salad Ice Cream	Potato Soup Salad Bread PB Dessert	Chili Tossed Salad Cheese Sticks Corn Bread/Saltines Ice Cream
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sausage Gravy & Biscuits Broccoli Fruit Cocktail	Taco Salad Tortilla Chips Cottage Cheese Peaches	Turkey & Cheese Sandwich Tossed Salad Chips Grapes (cut in ½)	Beef BBQ Potato Salad Pickle Banana	Baked Fish Coleslaw French Fries Garlic Bread Pineapple	Corned Beef & Cabbage (Boiled Dinner) Bread	Farmers Breakfast Toast Asst Fruits
Daylight Saving					St Patrick's Day	Wk 1

Weekly Menu for Lakeshore Assisted Living

March 19 – 25, 2023

Sunday 3/19/23	Monday 3/20/23	Tuesday 3/21/23	Wednesday 3/22/23	Thursday 3/23/23	Friday 3/24/23	Saturday 3/25/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Roast M/Potatoes Green Beans Roll Ice Cream	Stuffed Cabbage w/Pasta Sauce Corn Roll Banana pudding	Meatloaf Baked Beans Baked Potato Roll Blueberry Pie	Chicken Tenders Tater Tots California Blend Roll Lemon Jello	Baked Potato Bar Potato, cheese, sour cream, onion, Bacon Tossed Salad Roll Ice Cream	Chicken Salad on Croissant 3 Bean Salad Chips Cookie	Chili Cheese Sticks Tossed Salad Saltines Asst. Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beans & Franks Mixed Vegetable Roll Emerald Pears	BLT (may make into a salad for memory care homes) Chips Pickle Peaches	Quiche Broccoli Wheat Bread Pineapple	Macaroni & Cheese Mixed Vegetable Wheat Bread Cinnamon Apple Slices	Shepherds Pie Tomato Slices Wheat Bread Banana	Fish French Fries Pea Salad Garlic Bread Mandarin Oranges	Pancakes Sausage Fruit Cup
	1 st Day of Spring					

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