



Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

February 5 - 11, 2023

Sunday 2/5/23	Monday 2/6/23	Tuesday 2/7/23	Wednesday 2/8/02	Thursday 2/9/23	Friday 2/10/23	Saturday 2/11/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Beef Roast M/Potatoes California Blend Roll White Cake	Chicken Ala King over Biscuit Tossed Salad Tomato Slice Snickerdoodle Cookie	Hamburg on a Bun French Fries Coleslaw Ice Cream	Smothered Pork Chops M/Potatoes Carrots Roll Brownie	Salisbury Steak Rice Mixed Vegetable Roll Butterscotch Pudding	Taco Salad Spanish Rice Tortilla Chips Ice Cream	Baked Fish Tossed Salad Baked Potato Garlic Bread Asst. Desserts
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Vegetable Soup Tuna Salad Sandwich Saltines Pineapple	Turkey Sandwich Cottage Cheese Cucumber Tomato Marinade Grapes	Corn Chowder w/ham Tossed Salad Saltines Fruit Cockital	Chicken Tenders Tater Tots Broccoli w/Cheese Sauce Wheat Bread Peaches	Riblettes Garlic M/Potatoes Green Beans Wheat Bread Cinnamon Apple- sauce	Ham & Cheese Sandwich 3 Bean Salad Chips Mandarin Oranges	Waffles Sausage Fruit Cup

Please Note: All Menus Subject To Change

Trudy B-Day (Si)

wk1



Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

February 12 - 18, 2023

Sunday 2/12/23	Monday 2/13/23	Tuesday 2/14/23	Wednesday 2/15/23	Thursday 2/16/23	Friday 2/17/23	Saturday 2/18/23
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Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pork Roast M/Potatoes Peas Roll Ice Cream	Beef Franks French Fries Tossed Salad Ice Cream Sandwich	Baked Spaghetti in Meat sauce Corn Garlic Bread Heart Shaped Sugar Cookie	Hot Pork Sandwich w/Mashed Potatoes, & Gravy California Blend Apple Crisp	Creamy Fench Chicken Tarragon Hasselback Potatoes Green Beans Croisanat Crème Brule'	BBQ Potato Salad Pickle Tomato Slices Cookie	French Toast Bake Bacon Fresh Fruit Cupcake

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Stuffed Cabbage Mixed Vegetable Wheat Bread Pears	Chicken Noodle Soup Cheese Sandwich Saltines Grapes	Fish Sandwich French Fries 7 Layer Salad Strawberry Jelly Whip	White Chicken Chili Tossed Salad B&B/Saltines Orange Slices	French Onion Soup Nicoise Salad French Bread Fried Apples France	Grilled Cheese Sand Tomato Soup Saltines Banana	Chili Tossed Salad Cheese Sticks Saltines Asst. Fruits

Lincoln's B - Day

Please Note: All Menus Subject To Change

SUPER BOWL		Valentine's Day		International Day	Nancy B @ Sv-Sm	wk2
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Weekly Menu for Lakeshore Assisted Living

February 19 - 25, 2023

(For Future Weeks, Scroll Down)

Sunday 2/19/23	Monday 2/20/23	Tuesday 2/21/23	Wednesday 2/22/23	Thursday 2/23/23	Friday 2/24/23	Saturday 2/25/23
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Breakfast		Breakfast		Breakfast		Breakfast	
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice Ed B - Day (Sm)	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	

Lunch		Lunch		Lunch		Lunch	
Baked Turkey M/Potatoes Broccoli Roll Raspberry Jello	Meatloaf Squash California Blend Roll Cherry Pie	Gumbolya Hush Puppies Orange Slices King Cake	Roasted Rep Pepper Soup Chips Garlic Bread Ice Cream	Turkey Chop Suey Rice Glazed Carrots Roll Brownie	Chicken Parmesan Noodles Green Beans Roll Ice Cream	Macaroni & Cheese w/ Diced Ham Mixed Vegetable Roll Asst. Desserts	

Dinner		Dinner		Dinner		Dinner	
Cheese Ravioli w/Sauce Corn Wheat Bread Cinnamon Apple Sauce	Egg Salad Sandwich Potato Chips 3 Bean Salad Pears	Red Beans & Rice Tossed Salad Biscuit Bread Pudding Ed B-Day (Sv)	Tuna Salad Sandwich Cottage Cheese w/ Peaches French Fries Grapes	Macaroni Pizza Tossed Salad Bread & Butter Pineapple	Baked Fish Coleslaw Tater Tots Garlic Bread Fruit Cocktail	Pancakes Sausage/Bacon Fruit Cup	

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President's Day	Mardi Gras	Ash Wednesday			wk3
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Weekly Menu for Lakeshore Assisted Living

February 26 - March 4, 2023

(For Future Weeks, Scroll Down)

Sunday 2/26/23	Monday 2/27/23	Tuesday 2/28/23	Wednesday 3/1/23	Thursday 3/2/23	Friday 3/3/23	Saturday 3/4/23
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Breakfast						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

Lunch						
Ham M/Potatoes Carrots Roll Cake	Calzones Baked Beans Potato Salad Roll Ice Cream	Veal in Mushroom Gravy M/Potatoes Corn Lemon Pie	Breaded Pork Chop Rice Pilaf California Blend Roll White Cake	Burrito Casserole Tossed Salad Tortilla Chips Ice Cream	Pulled BBQ Chicken on a Bun Baked Potato Green Beans Peanut Butter Bar	Spinach Lasagna Mixed Vegetables Garlic Bread Asst. Desserts

Dinner						
Beans & Franks Tomato & Cucumber Slices Bread & Butter Pears	Sub Sandwich Chips Mandarin Oranges	Goulash Peas Bread & Butter Applesauce	Asian Vegetable Soup Turkey Sandwich Saltines Banana	Augraten Potatoes & Ham Broccoli Roll Grapes	Tuna Noodle Casserole Tossed Salad Pineapple	Grilled Cheese Sand Tomato Soup Egg Slices Asst. Fruit

Please Note: All Menus Subject To Change

Pat B-Day (SI)

wk4