Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

August 28 - September 3, 2022

Sunday 8/28/22	Monday 8/29/22	Tuesday 8/30/22	Wednesday 8/31/22	Thursday 9/1/22	Friday 9/2/22	Saturday 9/3/22
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	**Lunch**	**Lunch**		**Lunch**	**Lunch**	**Lunch**
Country Chicken M/Potatoes Broccoli Roll Lemon Pie	Ham Sandwich Spaghetti Salad Cheese Sticks Banana Pudding	Grilled Burgers Potato Salad Celery & Carrot Sticks w/Ranch Ice Cream	Grilled Chops Rice Green Beans Roll Wow Bar	Mandarin Chicken Salad Lettuce, Almonds, Celery, thinly sliced Apples, Mandarin Oranges, Grilled Chicken Cheese Sticks Asst. Crackers Cake	Taco Salad Tortilla chips Street Corn Ice Cream	Beef Franks Baked Beans Macaroni Salad Asst. Desserts
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Waffles Bacon Fresh Fruit	Ground Bologna Sand Tossed Salad Chips Peaches	Baked Fish French Fries Coleslaw Garlic Bread Emerald Pears	Breaded Veal Garlic M/Potatoes California Blend Wheat Bread Pineapple	Ribblets Tater Tots Mixed Vegetables Roll Applesauce	Quiche Tomato Cucumber Marinade Wheat Bread Fruit Cocktail	Grilled Cheese Tomato Soup Saltines Asst. Fruits

Please Note: All Menus Subject To Change

				Beauty Day		wk3

Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

September 4 - 10, 2022

Sunday 9/7/22	Monday 9/5/22	Tuesday 9/6/22	Wednesday 9/7/22	Thursday 9/8/22	Friday 9/9/22	Saturday 9/10/22
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Oven Fried Chicken Cinnamon Apple Squash Peas Roll Butterscotch Brownie	Grilled Chops M/Potatoes Corn Roll Apple Dump Cake	Italian Baked Chicken Parmesan Noodles Roll Raspberry Whip	Shephards Pie Roll Banana Cupcake	Cranberry Glazed Turkey Stuffing Green Beans Roll Ice Cream	Potato Augratin w/ham Roasted Brussels Sprouts Roll Chocolate Chip Cookie	Baked Spaghetti Tossed Salad Garlic Bread Lemon Cake
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Baked Fish French Fries Coleslaw Roll Fruit Cup	Rueben Soup Tossed Salad Rye Bread Diced Pears	Cheese Quesadillas Refried Beans Tossed Salad Melon	Vegetable Soup Saltines Ham Sandwich Apple Slices	Grilled Burger French Fries Tossed Salad Applesauce	Breaded Fish Rice California Blend Banana	Minestrone Soup Chicken Sandwich Saltines Grapes

Please Note: All Menus Subject To Change

wk4

LAKESHORE ASSISTED LIVING HOMES

Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

September 11 - 17, 2022

Sunday 9/11/22	Monday 9/12/22	Tuesday 9/13/22	Wednesday 9/14/22	Thursday 9/15/22	Friday 9/16/22	Saturday 9/17/22
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Pork Chop Supreme M/Potatoes Green Beans & Mushrooms Roll Apples Crisp	Salmon Patty Rice Pilaf Broccoli Roll Lemon Whip	Chicken Alfredo over Fettuccine California Blend Roll Pumpkin Cheesecake Crumble Bar	Beef Roast Baked Potatoes Peas w/onions Roll Ice Cream	Hutspot Artisan Bread Funnel Cake	Tuna Noodle Casserole Carrots Wheat Bread Heavenly Hash Pie	Chicken Tenders Tater Tots 7 Layer Salad Garlic Bread Brownie
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Macaroni & Cheese Stewed Tomatoes Roll Banana	Philly Beef Swiss Sandwich French Fries Tossed Salad Melon	Chops in Kraut M/Potatoes Carrots Cinnamon Applesauce	Baked Potato Soup Saltines 1/2 Chicken Salad Sandwich Tossed Salad Fresh Fruit Cup	Split Soup Cheddar Biscuits Beet Salad w/Feta Jan Hagel Cookies Netherlands	Taco Salad Seasoned Black Beans Street Corn Apple Slices	Beef Mostaccioi Mixed Vegetables Roll Grapes

Please Note: All Menus Subject To Change

				International Day		wk5

Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

September 18-24, 2022

Sunday 9/18/22	Monday 9/19/22	Tuesday 9/20/22	Wednesday 9/21/22	Thursday 9/22/22	Friday 9/23/22	Saturday 9/24/22
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Baked Chicken M/Potatoes Carifornia Blend Roll Raspberry Pie	Beef Barley Casserole Corn Tossed Salad Roll Cookie	Pork Roast Scalloped Potatoes Green Beans Roll Baked Custard	Baked Veal Garlic M/Potatoes Dilled Carrots Roll Cinnamon Maple Apple Cake	Chicken A la King Tossed Salad Roll Blueberry Crisp	Hamburg Gravy M/Potatoes Mixed Vegetable Roll Brownie Mousse Bar	BBQ Chicken Baked Beans Corn Roll Asst. Desserts
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Sliders Coleslaw Chips Apple Slices	3 Bean Soup (F) Saltines Egg Salad Sandwich Fruit Cocktail	Chicken Pot Pie Tossed Salad Roll Peaches	Lemon Baked Fish Rice Pilaf Creamed Spinach Wheat Bread Banana	Corn Chowder Ham & Cheese Sand Saltines Emerald Pears	Vegetable Lasagna Cottage Cheese Wheat Bread Mandarin Oranges	Pancakes Sausage Links Fruit Cup
	Fran b-Day (SM)			Autum Begins		wk1

Please Note: All Menus Subject To Change

Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

September 25-Oct 1, 2022

Sunday 9/25/22	Monday 9/26/22	Tuesday 9/27/22	Wednesday 9/28/22	Thursday 9/29/22	Friday 9/30/22	Saturday 10/1/22
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Pork Roast w/Dijon Apple Relish Red Potatoes Green Beens Roll Chocolate Cake	Grilled Burger Tater Tots Tossed Salad Ice Cream	Turkey Pot Pie Tossed Salad Roll Apple Crisp	Lasagna Tossed Salad Wheat Bread Lemon Cheesecake Bar	Honey Mustard Chicken Rosemary Roasted Potatoes Mixed Vegetables Roll Peanut Butter Pie	Goulash California Blend Wheat Bread Sour Cream Orange Cake	Italian Veg & Bean Soup Saltines Roast Beef Sandwich Watermelon
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
BLT Soup Saltines Tossed Salad Egg Slices Grapes	Baked Fish Rice Pilaf Corn Garlic Bread Melon	Ham & Swt Potato Casserole Peas Roll Banana	Green Bean - Casserole Soup Saltines 1/2 Turkey Sandwich Orange Slices (fresh / peeled)	Cheese Quesadilla Spanish Rice Tossed Salad Pineapple	Chicken Tenders French Fries Coleslaw Wheat Bread Peaches	Fish Sticks Garlic M/Potatoes Corn Wheat Bread Asst. Fruits

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				Native American		wk2