

Celebrating May

Gardening for Wildlife Month

Personal History Month

Global Health and Fitness Month

World Laughter Day

May 1

African World Heritage Day

May 5

148th Kentucky Derby

May 7

Mother's Day (U.S.)

May 8

World Belly Dance Day

May 14

International Learn to
Swim Day

May 21

Buy a Musical
Instrument Day

May 22

Memorial Day (U.S.)

May 30

Of all the gifts
that life has
to offer, a
loving
mother
is the greatest
of them all



May Celebrations Resident Birthdays

Irene A~ 5/3

Sharron M~ 5/3

Michelle R~ 5/6

Frank S~ 5/9

Rose S~ 5/16

Betty M~ 5/18

Anne C~ 5/20

Gertrude S~ 5/25

Pat P~ 5/28

Staff Birthdays

Amy S~ 5/1

Natalie G~ 5/8

Jocelenn G~ 5/31

Staff Anniversaries

Dian T~ 3 Years

Kathie P~ 28 Years

May 2022

Lakeshore Assisted Living

16331 Robbins Rd. Grand Haven, MI 49417 Seville, Simarron, Sierra, Sorrell www.lakeshore.baruchsls.org

Leadership Team

Administrator

Amy Snyder

Director of Care

Trudy Abraham RN

Office Manager

Kaylah Jackson

Life Enrichment Director

Stacey Scharphorn

Food Service Director

Penny Langlois

Maintenance Director

Jason Casemier

Resident Care Managers

Natalie Grabman

Sue Modderman

Shane TenBrink

Tori Strait

Baumann Gardens Flower Fundraiser

When: May 13th and 14th

**Where: 7490 152nd Ave
West Olive, MI 49460**

This May 13th and 14th get your summer flowers from Baumann Gardens! Let them know when you check out that you are shopping for Lakeshore Assisted Living's Fundraiser! They are donating a portion of all these mentioned sales to our income based program for our residents!



No love as unconditional as a mother's love

By: Tessa Prieto-Valdes

“A mother understands what a child does not say.” —Jewish Proverb

Of all the types of love, it is the love between a mother and a child that is the strongest. A mother's love is unconditional and eternal—a lifelong bond that unites two bodies and souls from the instant the child is born. A mother and child form an attachment that affects the way they relate to others throughout their lifetime. A healthy attachment, fueled by love, affection and mutual respect, makes for healthy relationships.

I have been a mother for almost three and a half decades, and I still am growing and learning the lessons of motherhood. Before the arrival of my eldest son Bryan Prieto, I thought I knew what unconditional love was—but becoming a single mom at such a young age made me feel a new sense of true and eternal love.

A mother is usually the gel that bonds a family closer together, the pillar of familial love and support. We do not have to win our mother's love. Unconditional love provides a dose of self-esteem that comes from the feeling of deserving to be loved for who we are, not what we do. The dedication, selflessness and love we feel from our mothers as children help us grow into better human beings.

Motherhood is beautiful, without a doubt. Good times and bad times come together to allow women to enjoy the wonderful benefits that life has to offer, along with their families. As mothers, women explore a number of feelings they never knew existed, and share unique, unrepeatable moments.

Joy and affection

Not a stern and strict mother, I have a tendency to shower my children with joy and affection while constantly telling them to be respectful and caring of others. I would like to believe that I have made a very positive impact on who they are today. And I feel that I can still continue to influence and make a positive impact on their lives.

Psychologists say that children consciously and subconsciously pattern their characters and values based on their parents. So, at this stage in their lives, I would like them to bear witness to three core values that I hold very dear. The first is the value of self-respect: it's about knowing who you are and what you stand for, accepting your strengths and weaknesses and rebuilding your life despite setbacks. The second is truth and honesty. This is not just being able to speak your truth, but also having the courage to call out behaviors that go against these values. And the last is forgiveness—because life isn't perfect and things will not always go your way, so learning to forgive yourself and to forgive others will create that space in your heart and soul for more of the good in life to come in.

Celebrating mothers and daughters

In the absence of events and launches for Mother's Day, I reminisced on past parties that celebrated mothers and daughters.

Two years ago, Swatch Philippines held a beautiful event featuring the latest Swatch collection in celebration of Mother's Day. With true Tita Virgie Ramos flair, huge fresh flowers arrangements, a full buffet spread, games and prizes awaited mothers and daughters. Lucky guests won their choice of Swatch or Flik Flak watches. Portraits by Sara Black and a box of Ladurée chocolates were given to all mothers at the party.

That afternoon, four generations of a family were in attendance—Margie Moran with her mom Rosario, her daughter Monica, and her granddaughters Adriana and Cosima, who got her first watch at the party!

I truly miss events like these, especially being surrounded with other mommies. Hopefully, our world will heal faster and bring us all back together. Happy Mother's Day to Tita Virgie, too!

Celebrate your mom this Mother's Day, Sunday May 8th.

Thriving in God's Peace

“In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety” Psalm 4:8.

Peace does not come easily in this life and sleep, well, if we don't have peace, we do not have sleep. Our verse assures us that we will BOTH lie down and sleep when we dwell in the safety of the Lord.

Psalm 4 is an expression of David's confidence and trust in the Lord. David is running for his life while being pursued by his conniving and manipulative son Absalom (2 Samuel 15)! I would imagine David was afraid and yet, because of his close relationship with the Lord, David let go of his fear and focused on the Lord.

David begins by asking for God's grace (vs. 1) and urging his enemies to stop rebelling against God (vs. 2). David is assured that, as a faithful servant, God hears when he calls to him (vs.3). Then David says, 'do not sin' think about what you are doing, search your heart, offer righteous sacrifices (this means do not repay evil for evil, rather offer a blessing) and trust in the Lord (a key word to peace and safety). David seeks God's face shining in favor (vs.6) causing David's heart to be filled with joy, like the joy of an abundant harvest of grain and new wine!

At last, with David's strong trust in the Lord, he was able to both lie down and sleep, not toss and turn, dwelling in the safety of the Lord. What a blessing that must have been for David.

I encourage you to read Psalm 4 once a day, it is only eight verses, and notice if your confidence and trust in the Lord bring you peace. May it deepen and enrich your relationship with him. Write down what changes come into your life. I believe you will be pleasantly surprised.

So tonight, when you lay your head down, remember, God is taking care of everything. Trust him. Be confident in him, for you are dwelling in the safety of his presence.

Peace,
Chaplain Val

