

Celebrating March

Irish American Heritage Month

Craft Month

Women's History Month

Mardi Gras

March 1

What If Cats and Dogs Had Opposable Thumbs Day?

March 3

International Women's Day

March 8

St. Patrick's Day

March 17

Worldwide Quilting Day

March 19

World Poetry Day

March 21

Shakespeare Week

March 21–27

Mothering Sunday (UK)

March 27

Little Red Wagon Day

March 30



March Celebrations

Resident Birthdays
Pat P~ 3/4
Irene A~ 3/9

Staff Birthdays
Kaylah J~ 3/4
Stacey S~ 3/20
Shania C~ 3/28

March 2022

Lakeshore Assisted Living

16331 Robbins Rd. Grand Haven, MI 49417 Seville, Simarron, Sierra, Sorrell www.lakeshore.baruchsls.org

Leadership Team

Administrator

Amy Snyder

Director of Care

Trudy Abraham RN

Office Manager

Kaylah Jackson

Life Enrichment Director

Stacey Scharphorn

Food Service Director

Penny Langlois

Maintenance Director

Jason Casemier

Resident Care Managers

Natalie Grabman
Sue Modderman
Shane TenBrink
Tori Strait

St. Patrick's Day

This year, St. Patrick's Day will be observed on **Thursday, March 17**.

Although the holiday originally started as a Christian feast day celebrating the life of St. Patrick and the spreading of Christianity to Ireland, today, it is a day of revelry and a celebration of all things Irish. Don't forget to wear green!

Saint Patrick is the patron saint and national apostle of Ireland. He is credited with successfully spreading Christianity throughout Ireland—hence the Christian celebration of his life and name.

We wear a shamrock on St. Patrick's Day because, legend says, St. Patrick used its three leaves to explain the Holy Trinity in his teachings. (The Trinity is the Father, the Son, and the Spirit as three divine persons who are one divine being [God].) The truth of the St. Patrick legend, however, is in question, as there is no direct record that the saint actually used the shamrock as a teaching tool.

An Irish Prayer

*May God give you...
For every storm, a rainbow,
For every tear, a smile,
For every care, a promise,
And a blessing in each trial.
For every problem life sends,
A faithful friend to share,
For every sigh, a sweet song,
And an answer for each prayer.*



PHOTO CORNER**Daylight Saving**

Daylight Saving Time begins on Sunday March 13th, 2022 at 2:00 am. At this time we “spring forward” one hour!

Daylight Saving Time always begins on the second Sunday in March and ends on the first Sunday in November.

**What are you doing to thrive today?**

Many of us know Psalm 118:24 because it is a popular worship chorus to sing. “This is the day which the LORD has made; Let us rejoice and be glad in it.”

Even though the Psalm was written for a national day of rejoicing, it can apply to every day of our life. This day, the day we are living today, is a day which the LORD has made. What we do with this day is a choice that we can make. We can rejoice, be glad and see the opportunities to thrive today.

A friend sent me an uplifting writing about how they are viewing their day. It reads:

“Today, when I awoke, I suddenly realized that this is the best day of my life. Ever!

There were times when I wondered if I would make it to today, but I did. And because I did I’m going to celebrate! Today, I’m going to celebrate what an unbelievable life I have had so far, the accomplishments, the many blessings, and, yes, even the hardships because they have served to make me stronger.

Today, I will share my excitement for life with other people. I’ll make someone smile. I’ll go out of my way to perform an unexpected act of kindness for someone I don’t even know.

Today, I will give a sincere compliment to someone who seems down.

Today is the day I quit worrying about what I don’t have and start being grateful for all the wonderful things God has already given me.

As the day ends, I will lay my head down on my pillow, I will thank God for the best day of my life. I will sleep the sleep of a contented child, excited with expectation because I know tomorrow is going to be the best day of my life, ever!”

~ Chaplain Jeff

