



# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

February 6 -12, 2022

Sunday 2/6/22	Monday 2/7/22	Tuesday 2/8/22	Wednesday 2/9/22	Thursday 2/10/22	Friday 2/11/22	Saturday 2/12/22
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Breakfast		Breakfast		Breakfast		Breakfast	
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	

Lunch		Lunch		Lunch		Lunch	
Beef Roast Dressing Mixed Vegetables Roll Blueberry Pie	Sub Sandwich Chips Carrot Raisin Salad Pickle Applesauce Oat Bar	White Cheddar Mac & Cheese Stewed Tomatoes Green Beans Roll Lime Jello	Beef Stew Cucmber Slices Biscuit Cookie	Smoked Sausage w/ Onions & Green Peppers Oven Fried Potatoes Corn Roll Brownie	Mini Corn Dog Tater Tots Cucumber Tomato Marinade Chocolate Pudding	Baked Pork Chops Long Grain Rice Broccoli Roll Asst Desserts	

Dinner		Dinner		Dinner		Dinner	
Chicken Noodle Soup Turkey Sandwich Cottage Cheese Banana	Vegetable Lasagna Tossed Salad Roll Peaches	Chicken Tenders Acorn Squash Peas Wheat Bread Pears	Egg Salad Sandwich 7 Layer Salad Chips Pineapple Dream Fruit Cocktail	Meatloaf Parsley Noodles Carrots Wheat Bread Fresh Fruit Cup	Vegetable Soup Chicken Salad Sand Saltines Grapes	Farmers Breakfast Hashbrowns Toast Peaches	

Please Note: All Menus Subject To Change

Lincoln's B-Day



# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

February 13 -19, 2022

Sunday 2/13/22	Monday 2/14/22	Tuesday 2/15/22	Wednesday 2/16/22	Thursday 2/17/22	Friday 2/18/22	Saturday 2/19/22
<b>Breakfast</b>						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice
<b>Lunch</b>						
Turkey M/Potatoes Green Beans Roll Blueberry Pie	Salisbury Steak M/Potatoes Peas Roll Cherry Crisp	Crack Chicken Fettuccini Mixed Vegetables Roll Cookie Lime Jello	Meatballs Tater Tots California Blend Roll Tapioca Pudding	Leek Tart Corn French Bread Apple Tarte Tatin	Turkey A La King w/Peas M/Potatoes Roll Cake	Burger French Fries Coleslaw Ice Cream Asst Desserts
<b>Dinner</b>						
Fish Sticks French Fries Coleslaw Lemon Whip	Potato Soup Tossed Salad Saltines Wheat Bread Rice Krispie Treat	Spanish Rice Casserole Black Beans Tortilla Chips Pears	Vegetable Soup Tuna Sandwich Saltines Wheat Bread Fruit Cocktail	French Onion Soup Nicoise Salad Orange Slices Crème Brulee'  International Day France	Shake & Bake Chops Rice Broccoli Wheat Bread Mandarin Oranges	Chili Tossed Salad Cheese Sticks Saltines Wheat Bread Asst Fruits/Desserts

Please Note: All Menus Subject To Change

Super Bowl	Valentines Day					5
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# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

February 20 - 26, 2022

Sunday 2/20/22	Monday 2/21/22	Tuesday 2/22/22	Wednesday 2/23/22	Thursday 2/24/22	Friday 2/25/21	Saturday 2/26/22
<b>Breakfast</b>						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

<b>Lunch</b>						
Meatloaf M/Potatoes Carrots Roll Blueberry Pie Pie	Pork Chop Parmesan Noodles Brussels Sprouts Roll Cookie	Maple Glazed Chicken Baked Potato Peas Roll Lime Jello	Beef Tips & Noodles Spinach Roll Ice Cream	Turkey Pot Pie Tossed Salad Banana P.B.Cookie	Scalloped Potatoes w/ham Mixed Vegetables Roll Pistachio Dessert	Tropical Pork Chops Rice Peas Roll Asst Desserts

<b>Dinner</b>						
Chicken Broccoli Rice Caserole Corn Bread Fruit Cocktail	Goulash Green Beans Garlic Bread Mandarin Oranges	Corn Chowder Tossed Salad Saltines Wheat Bread Pears Sauce	Sauerkraut & Sausage Boiled Potatoes Corn Wheat Bread Fruit Cocktail	Tomato Florentine Soup Ham Sandwich Saltines Grapes	Baked Fish Baked Beans Corn Roll Pineapple	Hot Turkey Sandwich M/Potatoes California Blend Asst Desserts

Please Note: All Menus Subject To Change

President's Day	Washington's B-Day					1
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# Weekly Menu for Lakeshore Assisted Living

(For Future Weeks, Scroll Down)

February 27 - March 5, 2022

Sunday 2/27/22	Monday 2/28/22	Tuesday 3/1/22	Wednesday 3/2/22	Thursday 3/3/22	Friday 3/4/22	Saturday 3/5/22
<b>Breakfast</b>						
Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice	Choice of Cereal Choice of Egg Toast Meat Residents Choice

<b>Lunch</b>						
Pork Roast Red Bliss Potatoes Carrots Roll Blueberry Pie	Philly Steak & Cheese Sauteed Onions & Peppers French Fries Pineapple Dream	Gumbo-aya Tossed Salad Hush Puppies King Cake  Lime Jello	Chicken Chili Tossed Salad Wheat Bread Saltines Cookie	Fish Sandwich Coleslaw French Fries Pickle Brownie	Baked Chicken Garlic M/Potatoes California Blend Roll Cake	Sliced Smoked Sausage Sauteed Cabbage Boiled Poatoes Asst Desserts

<b>Dinner</b>						
Grilled Cheese Sand Tomato Soup Orange Slices	Baked Fish Rice Pilaf Broccoli Garlic Bread Pineapple	Mac & Cheese Stewed Tomatoes Peas Wheata Bread Pears	Spaghetti w/Meat-balls Green Beans Garlic Bread Fruit Cocktail	Stuffed Peppers Corn Roll Cinnamon Apple Slices	Pizza Tossed Salad Cottage Cheese & Peaches	Cheeseburger Tossed Salad Tater Tots Asst. Desserts

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		Mardi Gras	Ash Wednesday		Pat P B-Day(SR)	2
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